

Women of Destiny

Women's Ministry

Cathedral of Praise Church

Editor's Notes

July 2010

Volume IV, 2010

It's tough being the new girl in town. You have to start from scratch with everything: new neighbors, stores, doctors, roads to learn, and friends to make. It's tough learning so much at one time! Sometimes you feel invisible as you see everyone else gliding through their lives while you are busily carving out a new one.

Sometimes, it can feel that way in a new church. You come in and try to navigate your way around. Where do the kids go? Where do I go? What are all these groups listed in the bulletin? Where is the Fellowship Hall? Even when several people seek you out and shake your hand, you can feel very alone as you watch everyone chatting and catching up around you.

So, what are we to do, newbies?

If you are new to Cathedral of Praise, Welcome! We're glad you're here! If you feel like you're having trouble settling in, try some of the things I did when I was new here.

- Go to the next newcomer fellowship at Pastor's house. It's a great time to meet the pastor and almost everyone there is new, so you're all in the same boat!
- Even if you've only met someone once, go to a baby or wedding shower. It's a great time to meet new people.
- Ask someone about their home fellowship group. A new group can feel a bit weird at first, but it only takes one or two visits to get comfortable and make new friends.
- Volunteer for something! Working together is a great way to get to know each other.



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House of Joy Christmas Tea

This year Women of Destiny will be collecting gifts for the annual Christmas Tea Pam King holds for the staff at the House of Joy Orphanage in the Ukraine. From October until our annual Ornament Exchange in December we will be collecting money and items for Pam to take over in January. Let me explain what we are collecting.

First, we are collecting items so that all the staff members have bags that are the same. There are 38 staff members, 31 women and 7 men. That means we will need 31 of every item on the Women's list and 7 of every item on the Men's list.

Women's List: (31 of each item needed)

1. Cosmetics (lipstick, eye shadow, etc.)
2. 3 oz. hand lotion from Bath and Body Works
3. Winter gloves called "Glomitts." They have half-finger gloves and a flap that converts them to a mitten.
4. Pens. Pilot G2 or something similar. They love lots of fun colors!
5. Colored Post-it Notes. 2 7/8 x 2 7/8" size, 50-75 count pad.
6. 1 oz. "Pocket Bac" hand gel sanitizer from Bath and Body works.

Men's List (7 of each item needed)

1. 3 oz. hand lotion from Bath and Body Works
2. 1 pair cotton work gloves
3. Shaving Cream, travel size Edge Gel

4. 2.75oz. Disposable Razors. (3 pack Schick Quattro Titanium)
5. Flashlights. (Mini-Maglite)
6. 1 oz. "Pocket Bac" hand gel sanitizer from Bath and Body works.

Second, we will be collecting a variety of different items as door prizes. Pam would like to have enough door prizes so that each staff member will receive three. There are some suggestions listed below, but you can be creative here! Please don't feel limited to the items on these lists, but do keep in mind that all these gifts will be travelling in suitcases.

Ideas for Women's Door Prizes: (93 Items Total)

Body lotions and Shower gels (they like Bath and Body Works,) Kitchen towel and Oven Mitts sets, House shoes/slippers (size 7 and up,) Notebooks/journals, Kitchen utensils (spatulas, peelers, etc.,) Perfume/cologne (the samples from Kohl's are excellent,) Sharpie Pens (the ladies love colors,) Magnetic pads of all kinds (example: shopping lists,) Reading glasses (2.25 & 2.50,) Nice tote bags (Pam found some nice ones she thought the ladies would love at Garden ridge,) Purses (small and medium size, they must be soft sided for travel,) Watches.

Ideas for Men's Door Prizes: (21 Items Total)

Kitchen towel sets (they can give to their wives,) Nice leather winter gloves, Wallets,

Manicure sets, Cologne (again, the Kohl's samples are great,) Sharpie Pens, Shaving cream (smaller size cans please,) Nice disposable razors, Toiletry bags, Sweatshirts (large & extra-large,) Magnetic pads, Reading glasses (2.25 & 2.50,) Watches.

Third, we will be collecting money for something special this year. Every year Pam takes the oldest girls for a special "Day of Beauty" at the local hair salon. The girls get to have a manicure and a haircut and style. This year Pam realized that most of the staff members have never had this opportunity, so she would like to give each staff member a gift certificate to the local salon. We need to collect \$380 to get gift certificates for everyone.

I am giving you the list a little early; I know some of you are bargain shoppers like me! Please feel free to gather things up, but we will not be collecting items at the church until October. There will be a special box in the North Foyer for the House of Joy; there will also be special envelopes to collect money for the gift certificates. We want to honor these women and men, many of whom could get better paying jobs elsewhere, so please donate only new items.

In August we will be launching a Women's Ministry page on the church website and this list will be posted there, if you happen to need it. Past newsletters will be available there too!

Let's get collecting, ladies!

Bible Study - To Live is Christ

I hope you ladies are ready for more Beth Moore this fall! This year we will be doing Beth's study on the life of the apostle Paul called "To Live is Christ." This is another of Beth's in-depth studies which will make you think differently as you read through your Bible.

The subtitle to this Bible study is "Embracing the Passion of Paul." If it's one thing Paul had, it was passion! When Paul first appears in Acts he is passionately seeking to rid Israel of the followers of "the Way." After his conversion he throws just as much passion in to spreading the news of

Messiah to anyone who would listen, all the way to Rome!

Our Bible study will begin Thursday, September 2nd at 7pm. The workbook is \$15 and the money is due August 22nd. If you have any questions, please call or email Anne Dresel at 245-3446 or wod@cpraise.org.

"What no eye has seen, what no ear has heard, and what no human mind has conceived—these things God has prepared for those who love him"

1 Corinthians 2:9

Women of Destiny - Pool Party!

Mark your calendars ladies, we're going to have a pool party! Saturday, July 31st at 11:00 am Robin Downe will be graciously opening her home and pool for a casual get-together. There will be no men or children allowed! Robin will be providing hamburgers and hotdogs and we ask that you bring your beverage and a side dish or dessert to share. Come have a nice lunch and linger for a while and relax!

Women of Faith Conference

The Women of Faith Conference will be at the BOK Center August 27th and 28th. If you would like to attend but are finding the fee a bit steep, perhaps you may want to volunteer! There are still volunteer positions available and you will be seeing almost all of the conference. All volunteer positions come with a ticket to the conference and box lunches and dinners. If you have a really good friend or husband, there are some positions that work behind the scenes and won't see the conference; but they will receive 2 tickets to the conference they can give to someone else. To volunteer, go to womenoffaith.com, find the Tulsa event, and click on "Volunteer" on the left side of the page. If you would like to find out what it's like to volunteer, please call or talk to Anne Dresel.

Cookbook

Mini Penne with Zucchini & Italian sausage

1 pound Italian sausage, crumbled
1/3 cup extra virgin olive oil
2 medium zucchini, chopped (2 cups)
1 cup chopped plum tomatoes (approx. 4)
10 leaves fresh basil, torn
2 cloves garlic, minced
1 tsp. salt
1/8 tsp. freshly ground black pepper
1 box (16 oz.) Barilla Mini Penne Pasta
1 Tbsp. chopped Parsley

1. Cook sausage in large skillet over medium-high heat 6 to 7 minutes or until cooked through, stirring

occasionally. Remove from skillet; set aside.

2. Heat oil in skillet; sauté zucchini, tomato, basil, garlic and seasoning 6 to 8 minutes or until vegetables are tender, stirring occasionally. Add sausage.
3. Cook Mini Penne according to package directions. Drain, reserving 1/2 cup pasta water. Return pasta to pot.
4. Add sausage mixture to hot Mini Penne. Toss, adding reserved pasta water to desired consistency. Transfer to serving platter; sprinkle with cheese and parsley.

Opportunity Corner

Looking for a place to plug in at Cathedral of Praise?

Try one of the volunteer opportunities listed below. If you enjoy it, great! If it's not a good fit, check this spot in the next newsletter for another new idea!

Power Point Operator

One Sunday a month we could use your help with the Power Point slides before the services and during praise and worship. If you're looking for something to do behind the scenes, this may be for you! Call Pastor Danette 245-2434 for more details.

Calling for a Decorator!

We are looking for a couple of people to decorate the Children's Church room (and take them down) for the holidays throughout the year. The children really enjoy the changing decorations. If you would like to decorate for the 1st-5th graders, please contact Pastor Tracy at 245-2434.



Sand Springs, OK

Kelly Wilson

July 2010

Su	Mo	Tu	We	Th	Fr	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2010

Su	Mo	Tu	We	Th	Fr	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 2010

Su	Mo	Tu	We	Th	Fr	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Schedule of Events

- July 4th, Independence Day, One service on Sunday
- July 23rd-24th, English as a 2nd Language Training at Cathedral of Praise
- July 25th-28th, Kids Kamp
- July 31st, Women of Destiny Pool Party
- August 15th, Dr. Mark Rutland Services
- August 25th, Children's Musical
- August 27th-28th, Women of Faith Conference
- September 2nd, Women's Bible Study
- September 5th, One Service at 10:45
- September 6th, Labor Day
- September 12th, R12 begins
- September 16th, Women's Bible Study
- September 17th-18th, Oklahoma Women's Conference
- September 30th, Women's Bible Study

Oklahoma Assembly of God Women's Conference September 17th-18th

Well, what a year it is for the Tulsa area! First, the Women of Faith Conference is coming to the BOK Center, and now the Oklahoma Assembly of God Women's Conference is coming to The Assembly in Broken Arrow. What an opportunity for us, ladies! If you've never made it to the Oklahoma Conference, here's your chance.

This year's theme is "Refreshing" and the guest speaker is Alicia Britt Chole (Pronounced show-lee.) Alicia has written several books and, in her words, enjoys "using words as a paintbrush to create vivid portraits of truth that refresh the soul." At one time, as a young girl, she proclaimed herself an atheist. Right after that declaration

God began to pursue her, sending her friends and mentors that showed her His love. Now she writes books, speaks about her life, and mentors other women.

This year's conference also features a special get-together called "Chix and Chocolate." After the Friday evening session we will have an opportunity to catch up with old friends and meet new ones. There will be refreshments and door prizes. If you would like to attend, bring \$3 with you Friday night! There will also be vendors selling all sorts of different

things before the sessions begin Friday night and Saturday morning.

The Women's Conference will be held at the Assembly in Broken Arrow, 3500 W. New Orleans, Broken Arrow. The worship time will be led by Mark and Johnna Machan, the worship pastors at The Assembly. The early bird registration of \$25 is due by August 13th. Registration after August 13th will be \$35. There is also the option of attending for a single day for \$20 per day. If you would like to attend please pick up an envelope at the Information Center, fill it out, and return it with your payment to the Information Center.

"I will refresh the weary and satisfy the faint."

Jeremiah 31:25 TNIV

Want to receive this newsletter in the mail? Did we miss you on the email list? We'll be glad to add you to future mailings! Drop off your name and address at the information center, or send your email address to wod@cpraise.org.

The Gift

Just as the sun was beginning to kiss the dark goodbye, I crawled back into my comfortable bed. I snuggled in the fluffy, white comforter and fell asleep with a smile on my face. I dreamed a beautiful dream. When my eyes shut to reality, I opened them to see my Seth. He was standing before me in a white flowing gown with a grin on his face that looked like the sun. I ran to him with my arms open wide. Nearly tackling him to the ground we embraced and kissed and giggled like school children.

"I have missed you so much!" I said.

"I am not dead, I'm alive. I've gone to heaven to be with God. It is so amazing here." He said.

"I think I just met Him. I felt His presence and heard Him speak to me. Was that God?" I asked.

He replied, "Yes, it was. I have prayed for you for a year, since I met God. The angels rejoiced with me today as you accepted Him. You are well on your journey and I am very proud of you."

I grinned, "I just wished you could be on this journey with me."

"Gwen, God has other plans for me right now...but He will not leave you alone. I release you, Gwen Stephens, to do the will of God; to be the mighty woman of God He created you to be. Follow His leading. He will open doors for you to walk through. Be strong and listen to the still small voice in your heart."

"I love you Seth."

"I love you too Gwen...I will never stop loving you. But, you must move on to live a full life. I have left you a blessing and a reminder of me. You will now smile at my memory instead of feeling sorrow. God has given you the gift of a goodbye."

All I could do is smile back at those beautiful sky blue, sparkly eyes and whisper, "Goodbye."

His body floated like a cloud further and further away from me. Soon I couldn't see him any longer. My eyes closed to heaven, and opened up back on earth. I still had the smile on my face and a peace in my heart now that would drive me to my future; all with the blessings of my husband.

It was a new day. My future was bright and right in front of me. It was time to clean myself off and begin. I got out of bed with energy like I just drank 7 cups of coffee. I danced and hummed my way to the bathroom and right into the warm shower. The water flowing over me was healing and was washing away all regrets and anguish. I was new. I was different. And oh, boy I liked it!

Now, I was off to see the bustling market. I needed to get some life sustaining food to nourish this very needy body. I had neglected it too long. This would not be my last meal, but a first of sorts. I couldn't wait to taste Mexico.

As I left my little apartment, I turned to lock my door with the funny skeleton key. I caught a man out of the corner of my eye that was also leaving his place. Our eyes met between our doors. He was a tall, slender man that had muscles bubbling out from under his shirt sleeve. His curly brown hair waved leading me to his dark brown eyes. He grinned as if to show off his cute dimples and the cleft on his clean shaven chin. He spoke first.

"Are you the young lady that was out on the balcony last night?"

I stammered for a moment, "I...I'm sorry, did I keep you awake?"

"Oh, no," he replied. I was up late last night at the church across the street."

My eyes couldn't help but widen as my ears connected the familiar voice. "Are you the man that was speaking to me?"

He smiled bigger, "Well, I was the speaker for the night. I'm not sure exactly what you are referring to?"

"Well," I continued, "I really thought God spoke to me last night. I know that may sound crazy."

Giggling, he said, "Not at all. God speaks through people sometimes and sometimes in the still small voice you hear from your heart. He must have told you something good. I have never seen a young lady dance in the presence of the Lord like you were when I came home last night. I'm sorry I was spying. You just really put a smile on my face."

A little embarrassed, I replied, "Yes. God was very good to me last night. You don't look like you are from around here?"

"I'm sorry, my name is Kayson. I'm a missionary from the States...and you."

"Oh, I'm Gwen. I...I have a long story. I just got here yesterday; I'm not sure how long I'm staying."

"Well, Miss Gwen can I show you around the market? I was just heading out to eat some lunch. You could join me if you don't have anything else to do."

"I would love to." I replied as we headed down the stairs.

Glancing over at the young man, I wondered if this was what my dream was about. Did I just find an open door? Maybe he could tell me the plan God has for me. Or maybe I'd better just keep it simple for now. A little more small talk to get to know each other would be just fine with me. I'd hate to scare him away with my tragic life because I could really use a friend right now.

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