

Women of Destiny

Women's Ministry

Cathedral of Praise Church

Editor's Notes

September, 2010

Volume V, 2010

Ok, with the fair coming up, it brings to mind one of my pet peeves. You're out with your spouse (or child, friend, etc.) when they ask, "Can I put my phone in your purse?" Before long you have their phone, keys, camera, sunglasses, purchases and all the "freebies" they've picked up along the way. By the time you're ready to buy something for yourself your bag is too full to fit it in! It's even worse if you have a stroller. "Hey, John's walking really well now. I'll just put this chainsaw in the stroller since he's not using it."

Sometimes we do something similar in life. "Sure, I can help out on Saturday. I'll squeeze it in between Kevin's baseball practice and Julie's choir rehearsal." We take on a little here and a little there and before we know it there's no room for us any more! Now, don't think that I'm speaking against volunteering here, I'm not. We all need to help out from time to time but we need to keep things balanced. If you are so committed

to what your husband, children, and friends are doing that you don't have personal time for yourself or God, something's got to go! My pet peeve only lasts for one day and relief comes at the end of the day; when we overwhelm our lives, however, there will be no relief until we choose to make a change.

So, start with a small change this year. When your husband "invites" you to carry his stuff, just direct him to the nearest vendor handing out free bags and let him carry his own baggage. (And don't forget to give the kid to daddy whenever he or she leaves the stroller!)



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House of Joy Christmas Tea

Starting in October we will be collecting Christmas gifts for the staff of the House of Joy orphanage in Kahovka, Ukraine. Pam King will be hosting the Tea in January and we will be helping her collect the gifts!

At the Tea Pam will be giving every staff member a special bag filled with goodies. Since everyone is getting one, we would like them all to be the same.

Women's List: (31 of each item needed)

1. Cosmetics (lipstick, eye shadow, etc.)
2. 3 oz. hand lotion from Bath and Body Works
3. Winter gloves called "Glomitts." They have half-finger gloves and a flap that converts them to a mitten.
4. Pens. Pilot G2 or something similar. They love lots of fun colors!
5. Colored Post-it Notes. 2 7/8 x 2 7/8" size, 50-75 count pad.
6. 1 oz. "Pocket Bac" hand gel sanitizer from Bath and Body works.

Men's List (7 of each item needed)

1. 3 oz. hand lotion from Bath and Body Works
2. 1 pair cotton work gloves
3. Shaving Cream, travel size Edge Gel 2.75oz.
4. Disposable Razors. (3 pack Schick Quattro Titanium)
5. Flashlights. (Mini-Maglite)
6. 1 oz. "Pocket Bac" hand gel sanitizer from Bath and Body works.

Pam will also be giving away door prizes and she would like to have enough to give each staff member three. There are some suggestions listed below, but you can be creative here! Please don't feel limited to the items on these lists, but do keep in mind that all these gifts will be travelling in suitcases.

Ideas for Women's Door Prizes: (93 Items Total)

Body lotions and Shower gels (they like Bath and Body Works,) Kitchen towel and Oven Mitts sets, House shoes/slippers (size 7 and up,) Notebooks/journals, Kitchen utensils (spatulas, peelers, etc.,) Perfume/cologne (the samples from Kohl's are excellent,) Sharpie Pens (the ladies love colors,) Magnetic pads of all kinds (example: shopping lists,) Reading glasses (2.25 & 2.50,) Nice tote bags (Pam found some nice ones she thought the ladies would love at Garden ridge,) Purses (small and medium size, they must be soft sided for travel,) Watches.

Ideas for Men's Door Prizes: (21 Items Total)

Kitchen towel sets (they can give to their wives,) Nice leather winter gloves, Wallets, Manicure sets, Cologne (again, the Kohl's samples are great,) Sharpie Pens, Shaving cream (smaller size cans please,) Nice disposable razors, Toiletry bags, Sweatshirts (large & extra-large,) Magnetic pads, Reading glasses (2.25 & 2.50,) Watches.

Third, we will be collecting money for something special this year. Every year Pam takes the oldest girls for a special "Day of Beauty" at the local hair salon. The girls get to have a manicure and a haircut and style. This year Pam realized that most of the staff members have never had this opportunity, so she would like to give each staff member a gift certificate to the local salon. We need to collect \$380 to get gift certificates for everyone.

We have one more month left before we begin collecting what you've been gathering. Thank you ladies for helping!

Bible Study - To Live is Christ

Welcome to the new school year, and to the new Bible study! Our first meeting will be Thursday, September 2nd at 7pm at Anne Dresel's house. We will be doing Beth Moore's study on the life of the apostle Paul titled "To Live is Christ." If you find that being a Christian is a little "boring," this study is a great way to

"What no eye has seen, what no ear has heard, and what no human mind has conceived— these things God has prepared for those who love him"

1 Corinthians 2:9

energize your faith. Paul loved Christ passionately and you can't help but catch some of that passion as you study his life. Even if you can't attend for the entire study, feel free to drop by when you can. There will be lots of conversation and usually some tasty snacks. We'd love to have you! For directions or more information, please call Anne at (918) 245-3446.

Pool Party

Thank you ladies for a great afternoon! If you missed our pool party at Robin's house, here are a couple of pictures of the fun.



Our next get-together will be our annual ornament exchange on Saturday, December 11th! As always, we will all need to bring a wrapped ornament that costs \$5

Women of Faith Tour

Wow! What a weekend! You know, it took me a long time to decide to go to my first Women of Faith event. I thought it was mostly a glorified book advertisement until I actually went to one. There is a definite feeling of sisterhood throughout the event. I remember thinking, "Hey, that's exactly how I feel." It's wonderful to know you're not alone, and even better to meet someone who has already made it through the very thing you are now battling. My favorite part of this year's event was listening to over 4,000 women sing "It is Well" a cappella and in perfect harmony. We laughed, cried, danced, and worshipped; we revelled in the presence of our Savior. In my opinion, it's well worth the price. Perhaps next year you'll join me November 11-12 in Oklahoma City. You won't be disappointed!



Cookbook

Pizza Dip

8 oz Chive and Onion flavored Cream Cheese
1/2 jar of Pizza Sauce
3 oz pepperoni (diced)
1/2 cup mozzarella cheese
1/2 cup Cheddar cheese
(or 1 cup of pizza blend)

Line bottom of pie plate or cake pan (something with sides) with cream cheese. Top with Sauce. Then add pepperoni and top with cheese. Bake at 350 until cheese is melted and bubbly. Serve with chips or crackers (bagel chips or Italian-flavored flatbread crackers are great!) (Suggestion: Double recipe since you already have the full jar of sauce)

From the kitchen of Teresa Rector



or less to exchange. Our guest speaker this year will be none other than Pam King! We will also be giving Pam all the Christmas gifts for the orphanage staff that evening. So, mark your calendars now ladies, and consider bringing a friend!

Opportunity Corner

Looking for a place to plug in at Cathedral of Praise?

Try one of the volunteer opportunities listed below. If you enjoy it, great! If it's not a good fit, check this spot in the next newsletter for another new idea!

Gift Organizer

Come give us a hand! Beginning in October we need some help with the items we are collecting for the House of Joy. Each week the donations need to be taken from the foyer to a secure room and tallied. Please contact Anne Dresel at 245-3446 for more information or to volunteer.

English as a Second Language snack provider

As you may know, we are beginning English as a Second Language classes September 1st. We need a few volunteers to provide snacks for the members of the class. Our classes will be held Wednesday nights September through December. If you can help us out, please contact Nancy Rardin at 224-0914.



Sand Springs, OK

Kelly Wilson

September 2010

Su	Mo	Tu	We	Th	Fr	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October 2010

Su	Mo	Tu	We	Th	Fr	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November 2010

Su	Mo	Tu	We	Th	Fr	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Schedule of Events

- September 2nd, Women's Bible Study
- September 5th, One Service at 10:45
- September 6th, Labor Day
- September 12th, r12 begins
- September 16th, Women's Bible Study
- September 17th-18th, Oklahoma Women's Conference
- September 30th, Women's Bible Study
- October 11th, Columbus Day
- October 14th, Women's Bible Study
- October 28th, Women's Bible Study
- October 30th-November 1st, Dale Gentry Services
- November 4th, Women's Bible Study
- November 7th, Daylight Savings Time Ends
- November 11th, Veteran's Day
- November 18th, Women's Bible Study
- November 25th, Thanksgiving Day

r12, Journey to true spirituality

What does "spirituality" mean to you? What does it bring to mind? Prayer? Some perfect person? Strange, new-age type music? How about Christianity, what does that bring to mind? A building with a cross? Sunday school classes and felt boards? Trips to third-world countries?

Now is the time to discover what these terms mean. This r12 journey we are taking as a church will bring us face to face with what spirituality and Christianity really mean, and I don't mean Webster's version! We need to get back to what Jesus taught. It doesn't matter whether you are a new Christian or one who's been around the block a time or two, we all need to learn more!

So, are you ready? In just a few days our journey will begin. Your part in this adventure is actually pretty easy, we are asking every person who attends Cathedral of Praise to commit to meeting once a week with a life group for 6 weeks. That's it!

Ok, I know there are some of you reading that last paragraph thinking, "but, I don't have a life group and I'm too scared to ask some stranger if I can join their group." I understand how you feel. If you don't know anyone and haven't a clue which group to join, try calling Pastor Daryl at the church during business hours. The phone number is 245-2434.

To everyone who is involved in a life

group, I issue this challenge, ask everyone you see if they are in a life group! Don't just assume that because they've been coming here for a long time they must be involved in a group somewhere. That may not be true! If they don't have a group, invite them to yours. Be bold! Walk up to that couple and invite them. Find that man or woman sitting all alone and invite them.

We are excited about this special study of Romans 12 and hope everyone will take part. If you would like more information, please call Pastor Daryl.

Want to receive this newsletter in the mail? Did we miss you on the email list? We'll be glad to add you to future mailings! Drop off your name and address at the information center, or send your email address to wod@cpraise.org.

The Gift

The air was quite hot and muggy as we stepped out into the sunlight. I was keenly aware of the sweat that ran off my forehead. For some reason I felt at peace with Kayson, but at the same time I was nervous. I followed him as we made a path through the crowded sidewalks. The sights and smells were so different than home. I couldn't understand the people and looks from men made me want to press closer to Kayson. *How did I end up here?*

I then started noticing all the medical masks here and there that people were wearing. *Great, I bet now that I want to live, I'll get sick.*

"So, what brings you to Nuevo Laredo?" asked Kayson.

What do I say? "Umm, well." I guess I'll just lay it out there... I let out a sigh and continued, "My husband just passed away about a month ago. I, um, just needed to get away."

Kayson abruptly stopped walking and stared into my eyes. I looked away.

"I'm so sorry," he said. "May I ask what happened? You don't have to tell me if you don't want to."

"Swine flu," I said feeling jittery as I looked around at all the masked people.

Kayson saw the look on my face, grabbed my hand and led me through the crowd to a small hole-in-the-wall place to eat. We sat down at a little table in the corner. I tried to pretend the hand holding was no big deal, but my body tingled with excitement.

"This must be terrifying for you," he continued. "My mom died about 6 weeks ago from the flu. My family came to visit me about two months ago and we all got sick. She didn't make it. I've spent the last 6 weeks grieving and trying really hard not to feel responsible."

The look in his eyes was not pity like the others; it was a look of understanding.

"I never got sick. Without Stephen I really didn't want to live anymore, so I came here. That all changed last night when God told me I have a purpose; now I'm a little nervous being in the crowd," I said.

"Of course," Kayson soothed. "It's expected."

There was a big long pause in conversation that made me squirm in my seat.

"Well, so much for small talk," I said as we laughed nervously together. I gathered my composure and changed the subject, "Okay, what are we going to eat? I'm starving!"

We ordered some tacos and made small talk for a while, easing the scariness of it all. Looking around the restaurant, a young man sitting outside the door caught my eye. He was propped up on a board with wheels on it. His shriveled, contorted legs hung off the edges barely touching the ground. He held up an empty can to the passersby looking for a hand out. They all ignored him, going about their business. After some time a worker shoed him away from the door and I could no longer see him; his wellbeing still pressed on my heart.

Shaking off the concern I felt for the young man I focused back to Kayson. I was beginning to feel normal again, something I haven't felt for quite some time. Wishing I could understand, I watched Kayson engage in a friendly conversation with the waiter. After lots of smiles and nodding, Kayson got up and appeared ready to go.

"Ready?" he asked.

"Well, I haven't paid yet."

"It's taken care of," he said with a smile. I then got up and followed him out.

"Why don't we will take a less busy way back to our rooms?" he asked.

A little nervous, I agreed.

He led me on a winding path on smaller roads all the while chatting about each building as we passed. The walk was nice. I hadn't realized how lonely I had been. I felt so comfortable with Kayson that it was almost concerning. Our shared faith and grief connected us, though, and made me feel at ease. Once we popped out in front of our building we began to wrap up the conversation.

"Thank you so much for showing me the market and back roads around here. It really is an interesting little place isn't it?" I asked.

"Yes, it will grow on you." He said as we stopped in front of my door.

"Well..." I paused not knowing what to say.

"I was wondering if you would want to come to the service tonight?" he blurted out.

"I don't have any other plans. I guess I could."

"We have had a missions team here this week and tonight is their last night. The services will be in English and Spanish, so you will be able to understand."

"That's a good thing," I replied. "What time?"

"Well, when you hear the music and people starting to sing across the street, come on over. It's a cultural thing," he shrugged.

"See you then," I said as I fumbled with the skeleton key. My stomach started to gurgle at the door and I got very hot and sweaty. *Hmmm, what an odd feeling.*

I barely made it in the door and to the bathroom before getting sick. What was it? Was I getting sick or was this just a huge case of nerves? I thought the food was good, but maybe it wasn't. I didn't know what to do. I had just told Kayson I'd be at the service and now I didn't feel up to it. I hated to disappoint my new friend.

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If you have missed any in the series please go to the information booth to get a previous copy. Back newsletter issues are available on the church website, cpraise.org. They are located on the Women's Ministries page, under Adult Ministries.